

Medicine Buddha Dharma

For People Who Heal And Want To Be Healed



Place:
Benicia

Date:
Saturday, June 20,
10 am - 5 pm

Empowerment and dharma transmission:
Vajracharya Douglas Sutton,
Vice Abbot of Dari Rulai Temple

This workshop includes a method for self-cultivation, healing, and protection, as well as the Medicine Buddha's healing pagoda technique that can be applied to heal others. Also included are separate purifying techniques for air, water, and food.

For more information and registration please contact Maria 707-771-1510, or email: diamonyoga@yogadiamond.net

www.yogadiamond.net

MEDITATION CAN HEAL YOU*

Six Weeks Course Treasure Vase Qi



Teacher Maria Werbik has 36 years experience with various meditation techniques coming from Buddhist and Taoist traditions. She successfully practices and teaches time proven, over 3000 years old self-healing methods passed to us from lineage of enlightened masters. In 2010, after intense training in China, Maria received honorable teaching title Vajra Acharya from Living Buddha Dechan Jueren.

For Increasing Vitality
and Immunity,
Preventing Aging and
Protection from
Extreme Heat or Cold.

Every Saturday in Benicia

May 23 - June 27,
6:30 PM - 8 PM

Do you know that by meditating only 30 minutes a day you could restore your inborn abilities to heal yourself, strengthen your immune system and resistance to sickness, increase your vitality and prevent aging?

If you experience, lack of energy, cold hands and feet, hot flashes, premature aging

this course is for you!

Space is limited to 12 participants.
Preregister now to avoid disappointment
and receive \$30 discount
(only by signing for whole course)

Each class is self contained; Fee for each class \$20,
Fee for the CD with recorded meditation
for individual practice is additional \$30

For registration and more information email;
diamondyoga@yogadiamond.net

www.yogadiamond.net

*Meditation is not intended to be substitute for medical diagnosis or treatment.